



# New York City Food Standards: 2023 Compliance Report

**NYC**

Food Policy

**NYC**

Health

## **Background**

The [New York City \(NYC\) Food Standards for Meals and Snacks Purchased and Served](#) (the Standards) are evidence-based nutrition criteria that apply to all foods and beverages purchased and served by City agencies and their subcontractors. The Standards apply to approximately 219 million meals and snacks served each year at schools, older adult centers, public hospitals, child care centers, after-school programs, correctional facilities, shelters and other City programs. Notably, in fiscal year 2023 (July 2022 to June 2023), the Standards did not apply to meals for asylum-seekers, as these meals were procured under emergency contracts. However, beginning in fiscal year 2024, new contracts providing meals to asylum-seekers must adhere to the Standards and report on compliance.

The Standards aim to reduce the prevalence of chronic disease by improving diets. Diet-related conditions are a significant health problem in NYC, disproportionately burdening Black and Latino/a New Yorkers and New Yorkers with low incomes due to historical and ongoing systemic inequalities that unfairly distribute opportunities and create barriers to maintaining good health. For example, citywide diabetes prevalence is 12.2% compared to 14.1% for Asian and Pacific Islander New Yorkers, 14.8% for Black New Yorkers and 15.5% for Latino/a New Yorkers, with 16.3% prevalence among those in neighborhoods experiencing very high poverty.<sup>1</sup> Similarly, citywide hypertension prevalence is 29.6% compared to 33.2% for Latino/a New Yorkers and 37.2% for Black New Yorkers, with 35.2% prevalence among those in neighborhoods experiencing very high poverty.<sup>2</sup> By increasing access to nutritious foods, the Standards help address some of the structural inequities that make opportunities for healthy eating challenging for many New Yorkers.

Currently, the Standards set minimum requirements for offerings of fruits, vegetables, whole and minimally processed plant-based proteins, and whole grains, and limit servings of beef and processed meats. They also limit unhealthy nutrients such as sodium, trans fats and added sugar. The Standards are updated every three years to include any new federal guidelines and research, including the Dietary Guidelines for Americans. Every revision of the Standards also considers marketplace availability and agency feedback. The next set of revisions is scheduled for release in 2025.

## **City Agency Reporting Process**

City agencies are responsible for complying with the Standards and use a variety of mechanisms to monitor compliance, including incorporation of the Standards in vendor solicitations and contracts, site visits, and internal menu and nutrition analysis. As part of data collection and reporting in July of each year, agencies submit a data compliance report and one month of menus and a corresponding nutrition analysis from the previous fiscal year to the NYC Department of Health and Mental Hygiene (Health Department). Agencies with centralized

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<sup>1</sup> NYC Community Healthy Survey, 2022

<sup>2</sup> Ibid.

food service operations — such as the NYC Department of Correction (DOC), NYC Department of Education’s (DOE) Office of Food and Nutrition Services, NYC Administration for Children’s Services (ACS) and NYC Health + Hospitals (H+H) — submit one month of menus and a nutrition analysis that is representative of the meals served at all program sites during the year. Agencies with decentralized food service operations — such as the NYC DOE’s Division of Early Childhood Education, NYC Human Resources Administration HIV/AIDS Services Administration (HRA/HASA), NYC Health Department’s Division of Mental Hygiene, NYC Department of Homeless Services (DHS) and NYC Department for the Aging (Aging), which provide meals through hundreds of contracted programs — select and submit menus and nutrition analyses from five programs. The NYC Health Department then assesses each agency’s submissions for compliance with each of the different Standards. The compliance rate represents the percent of programs in compliance, averaged across all the Standards and weighted by meals served for each agency.

Limitations of this reporting process include self-reported data, a potential for selection bias and capturing only a snapshot of menu offerings. Agencies continue to work to enhance processes to assess accuracy of program site and caterer self-reporting and to improve data quality going forward.

**Fiscal Year 2023 Compliance Summary**

In fiscal year 2023, City agencies served over 219 million meals and snacks. During this period, agencies had an average compliance of 93% with the Standards. See the breakdown of each agency in Table 2 and the complete dataset in Appendix A.

**Table 1. Agency Food Standards Data, Fiscal Years 2022 and 2023\***

	<b>Fiscal Year 2023</b>	<b>Fiscal Year 2022</b>
<b>Number of programs currently reporting</b>	1,512	1,094
<b>Total meals and snacks served</b>	219,831,621	192,426,787
<b>Average agency compliance (weighted on meals and snacks served):</b>	93%	94%

\*Based on self-reported data.

**Table 2. Compliance Rate by Agency\***

<b>Agency</b>	<b>2023 Compliance<sup>†</sup></b>	<b>2022 Compliance<sup>†</sup></b>
NYC ACS’ Children’s Center	97%	100%
NYC ACS’ Division of Youth and Family Justice	95%	100%
NYC Aging (home-delivered meals)	93%	96%
NYC Aging’s Bureau of Community Services	95%	92%

NYC DHS	95%	94%
NYC Health Department’s Division of Mental Hygiene	93%	99%
NYC DOC	100%	100%
NYC DOE’s Office of Food and Nutrition Services	96%	96%
NYC DOE’s Division of Early Childhood Education	55%	88%
NYC DYCD	98%	95%
NYC H+H	94%	94%
NYC HRA’s Community Food Connection	100%	100%
NYC HRA/HASA	100%	99%
NYC Department of Parks & Recreation	100%	100%

\*Based on self-reported data.

†Rounded to nearest integer.

### **Fiscal Year 2023 Compliance Analysis**

Meals and snacks purchased increased from 190 million in 2022 to about 220 million in 2023, reflecting a slow return to pre-COVID-19 meal participation rates. Meals and snacks served continue to be lower than the typical 230 million annual meals served prior to the COVID-19 pandemic. The largest decrease in meals continues to be from the NYC DOE’s Office of Food and Nutrition Services, reporting 10 million fewer meals served in 2023 compared to 2019. However, between 2022 and 2023, the NYC DOE’s Office of Food and Nutrition Services saw an increase of about 11 million meals.

Beginning in 2023, the NYC DOE’s Division of Early Childhood Education required an additional 1,000 programs to report on Standards compliance, resulting in an increase of 10 million meals between 2022 and 2023. At the same time, the NYC DOE’s Division of Early Childhood Education also saw a significant decrease in compliance, from 85% in 2022 to 55% in 2023, which was likely due to the large number of programs reporting for the first time that were new to the Standards and reporting tool.

Starting in 2021, analysis of the Standards compliance rate changed to include weighting by the number of meals served by each agency. Therefore, earlier compliance data cannot be compared to data from 2021 on.

### **Strengthening Food Standards Compliance**

The NYC Health Department supports City agencies and subcontracted programs in strengthening Standards compliance via technical assistance and monitoring.

Currently, the NYC Health Department holds two to three Standards trainings per year at agencies' request and meets with agencies as requested. In addition, the NYC Mayor's Office of Food Policy and NYC Health Department convene City agency liaisons twice per year as part of a Food Standards Working Group to discuss challenges and share best practices. To verify compliance, the NYC Health Department performs site visits on an ad hoc basis.

To further support compliance, the NYC Health Department is planning to increase technical assistance and monitoring in 2024 with new menu templates, individual meetings, tailored workgroup meetings, trainings and periodic menu reviews. The NYC Health Department plans to strengthen data collection and understanding of compliance citywide with annual site visits and will randomize the selection of program menus and nutrition analyses for agencies with decentralized meal service.

**Appendix A**

	Administration for Children's Services - Children's Center <sup>1</sup>			Administration for Children's Services - Division of Youth and Family Justice <sup>1</sup>			Department for the Aging- Home Delivered Meals <sup>2</sup>		
Number of programs providing food in agency:	1			9			22		
Number of programs currently reporting:	1			9			22		
Meals/snacks served annually:	84,542			354,711			4,126,463		
Breakfast	14,597			81,211			0		
Lunch	10,727			78,969			3,918,752		
Dinner	29,585			84,860			207,711		
Snacks	29,633			109,671			0		
<b>Standard</b>	Programs in Compliance	Programs out of Compliance	Programs not applicable	Programs in Compliance	Programs out of Compliance	Programs not applicable	Programs in Compliance	Programs out of Compliance	Programs not applicable
<b>I. Standards for Purchased Food (all programs)</b>									
All products have "0 grams" trans fat	1	0	0	9	0	0	22	0	0
All individual food items ≤ 480 mg sodium/serving	1	0	0	9	0	0	15	6	1
All beverages ≤ 25 calories per 8 ounces (except 100% juice with no added caloric sweeteners and milk)	1	0	0	9	0	0	0	0	22
Programs serving children age 18 and under only: No beverages with artificial or non-nutritive sweeteners	1	0	0	9	0	0	0	0	22
All juice is 100% fruit juice with no added caloric sweeteners	1	0	0	9	0	0	21	0	1
100% fruit juice is not served to children under 2 years of age for childcare facilities regulated by Article 47 of the NYC Health Code	1	0	0	0	0	9	0	0	22
Programs serving a majority of adults age 18 and over: All milk is 1% or non-fat and unsweetened	0	0	1	0	0	9	22	0	0
Programs serving a majority of adults age 18 and over only: All milk substitutes are unflavored	0	0	1	0	0	9	22	0	0
Programs serving children age 12 months to under age 2: All milk is whole and unsweetened	1	0	0	0	0	9	0	0	22

Programs serving a majority of children age 4 – 18: All unflavored milk is 1% or non-fat	1	0	0	9	0	0	0	0	22
Programs serving a majority of children age 4 – 18: All flavored milk or flavored milk substitutes are ≤ 130 calories per 8 ounces	1	0	0	0	0	9	0	0	22
All yogurt is non-fat or low-fat and plain or contains ≤ 30 g sugar per 8 oz or equivalent (e.g. ≤ 15 g sugar per 4 oz, ≤ 23g per 6 oz)	1	0	0	9	0	0	11	0	11
All cheese ≤ 350 mg sodium per serving	1	0	0	9	0	0	17	1	4
All sliced bread ≤ 180 mg sodium/serving, ≥ 2 grams fiber/serving, and is whole wheat/whole grain	1	0	0	9	0	0	22	0	0
All baked goods ≤ 290 mg sodium/serving	1	0	0	9	0	0	16	1	5
All cereal without dried fruit ≤ 215 mg sodium, ≥ 2 grams fiber, and ≤ 10 grams sugar/serving; in child care facilities cereal ≤ 6 grams sugar/serving	1	0	0	9	0	0	2	0	20
All cereal with dried fruit (e.g. dried cranberries, dates, and raisins) ≤ 215 mg sodium/serving, ≥ 2 grams fiber/serving, and ≤ 17 grams sugar/serving	1	0	0	9	0	0	2	0	20
All canned/frozen vegetables ≤ 220 mg sodium/serving	1	0	0	9	0	0	16	5	1
All canned/frozen beans ≤ 290 mg sodium/serving	1	0	0	9	0	0	19	2	1
All canned fruit packed in unsweetened juice or water (no syrup)	1	0	0	9	0	0	17	1	4
All canned/frozen seafood (e.g. tuna) ≤ 290 mg sodium/serving	0	0	1	9	0	0	15	7	0
All canned/frozen poultry ≤ 290 mg sodium/serving	1	0	0	9	0	0	21	0	1
All canned beef/pork ≤ 480 mg sodium/serving	0	0	1	4	0	5	0	0	22
All processed meat ≤ 480 mg sodium/serving	1	0	0	9	0	0	4	0	18
All salad dressings ≤ 290 mg sodium/serving	1	0	0	9	0	0	12	0	10

All sauces ≤ 480 mg sodium/serving	1	0	0	9	0	0	13	5	4
All portion-controlled items and other convenience foods (e.g. breaded chicken patty, frozen waffles) ≤ 480 mg sodium/serving	1	0	0	9	0	0	12	7	3
All frozen whole meals contain ≤ 35% of the daily sodium limit (adults and seniors: ≤ 805 mg, children 6-18 years: ≤ 770 mg)	0	0	1	4	0	5	0	0	22
<b>Section II. Standards for Meals and Snacks</b>									
<b>Nutrition Standards (Programs Serving a Majority of the Population Age 18 and Over)</b>									
<b>Programs serving 3 meals per day:</b>									
Serve 1800 – 2200 calories per day (or ≤ 2800 calories per day for programs serving men in adult correctional facilities)	0	0	1	0	0	9	0	0	22
Serve ≤ 2,300 mg sodium per day	0	0	1	0	0	9	0	0	22
Total fat ≤ 35% of calories per day	0	0	1	0	0	9	0	0	22
Saturated fat < 10% of calories per day	0	0	1	0	0	9	0	0	22
Serve ≥ 28 grams fiber per day	0	0	1	0	0	9	0	0	22
<b>Programs serving 1 or 2 meals per day:</b>									
<i>Breakfast</i>									
Serve 450 – 660 calories per breakfast	0	0	1	0	0	9	0	0	22
Serve ≤ 690 mg sodium per breakfast	0	0	1	0	0	9	0	0	22
Total fat ≤ 35% of calories per breakfast	0	0	1	0	0	9	0	0	22
Saturated fat < 10% of calories per breakfast	0	0	1	0	0	9	0	0	22
Serve ≥ 7 grams fiber per breakfast	0	0	1	0	0	9	0	0	22
<i>Lunch</i>									
Serve 540-770 calories per lunch	0	0	1	0	0	9	22	0	0
Serve ≤ 805 mg sodium per lunch	0	0	1	0	0	9	22	0	0
Total fat ≤ 35% of calories per lunch	0	0	1	0	0	9	22	0	0
Saturated fat < 10% of calories per lunch	0	0	1	0	0	9	22	0	0
Serve ≥ 8.4 grams fiber per lunch	0	0	1	0	0	9	22	0	0
<i>Dinner</i>									
Serve 540-770 calories per dinner	0	0	1	0	0	9	1	0	21



Serve ≤ 805 mg sodium per dinner	0	0	1	0	0	9	1	0	21
Total fat ≤ 35% of calories per dinner	0	0	1	0	0	9	1	0	21
Saturated fat < 10% of calories per dinner	0	0	1	0	0	9	1	0	21
Serve ≥ 8.4 grams fiber per dinner	0	0	1	0	0	9	1	0	21
<b>Nutrition Standards (Programs Serving a Majority of Children Under 18 Years of Age)</b>									
<b>Programs serving 3 meals per day:</b>									
Serve 1800 – 2200 calories per day (or ≤ 2500 calories per day for agencies serving boys in youth detention facilities)	1	0	0	9	0	0	0	0	22
Serve ≤ 2,200 mg sodium per day (or ≤ 1700 mg for agencies serving a majority of children 1-5 years of age)	1	0	0	0	9	0	0	0	22
Total fat ≤ 35% of calories per day	1	0	0	9	0	0	0	0	22
Saturated fat < 10% of calories per day	0	1	0	0	9	0	0	0	22
Serve ≥ 25 grams fiber per day (or ≥ 19 grams per day for agencies serving a majority of children 1 – 4 years of age)	1	0	0	9	0	0	0	0	22
<b>Programs serving 1 or 2 meals per day:</b>									
<i>Breakfast</i>									
Serve 450 – 660 calories per breakfast (or 350-600 for agencies participating in the National School Breakfast and School Lunch Programs)	0	0	1	0	0	9	0	0	22
Serve ≤ 660 mg sodium per breakfast (or ≤ 510 mg for agencies serving a majority of children 1– 5 years of age)	0	0	1	0	0	9	0	0	22
Total fat ≤ 35% of calories per breakfast	0	0	1	0	0	9	0	0	22
Saturated fat < 10% of calories per breakfast	0	0	1	0	0	9	0	0	22
Serve ≥ 6.3 grams fiber per breakfast (or ≥ 4.8 grams for agencies serving a majority of children 1 – 4 years of age)	0	0	1	0	0	9	0	0	22

<i>Lunch</i>									
Serve 540 – 770 calories per lunch (or 550-850 for agencies participating in the National School Breakfast and School Lunch Programs)	0	0	1	0	0	9	0	0	22
Serve ≤ 770 mg sodium per lunch (or ≤ 595 mg for agencies serving a majority of children 1– 5 years of age)	0	0	1	0	0	9	0	0	22
Total fat ≤ 35% of calories per lunch	0	0	1	0	0	9	0	0	22
Saturated fat < 10% of calories per lunch	0	0	1	0	0	9	0	0	22
Serve ≥ 7.5 grams fiber per lunch (or ≥ 5.7 grams per day for agencies serving a majority of children 1 – 4 years of age)	0	0	1	0	0	9	0	0	22
<i>Dinner</i>									
Serve 540 – 770 calories per dinner	0	0	1	0	0	9	0	0	22
Serve ≤ 770 mg sodium per dinner (or ≤ 595 mg for agencies serving a majority of children 1– 5 years of age)	0	0	1	0	0	9	0	0	22
Total fat ≤ 35% of calories per dinner	0	0	1	0	0	9	0	0	22
Saturated fat < 10% of calories per dinner	0	0	1	0	0	9	0	0	22
Serve ≥ 7.5 grams fiber per dinner (or ≥ 5.7 grams per day for agencies serving a majority of children 1– 4 years of age)	0	0	1	0	0	9	0	0	22
<b>Meal Standards (All Programs)</b>									
At least 2 servings fruits and/or vegetables provided at lunch	1	0	0	9	0	0	17	5	0
At least 2 servings fruits and/or vegetables provided at dinner	1	0	0	9	0	0	1	0	21
At least 5 servings fruits and vegetables provided per day, if serving 3 meals per day	1	0	0	9	0	0	0	0	22
For programs serving meals 3 – 5 days per week: Non-starchy vegetables served at least 3 times per week at lunch and at dinner	0	0	1	0	0	9	0	0	22

For programs serving meals 6 – 7 days per week: Non-starchy vegetables served at least 5 times per week at lunch and at dinner	1	0	0	9	0	0	22	0	0
Water available at all meals	1	0	0	9	0	0	0	0	22
Juice served in 6 ounce portions or less (4 ounces or less for childcare facilities regulated by Article 47 of the NYC Health Code)	1	0	0	9	0	0	21	0	1
For programs serving meals: Juice served no more than one time per day; for programs serving snacks only, juice served no more than two times per week	1	0	0	9	0	0	21	0	1
Meals and snacks prepared without deep frying	1	0	0	9	0	0	22	0	0
<b>Snack Standards (All Programs)</b>									
Grain-based snacks ≤ 200 mg sodium, ≤ 10 grams sugar, and ≥ 2 grams fiber per serving (for programs serving a majority of children 1-5 years of age, snacks ≤ 170 mg sodium)	1	0	0	9	0	0	0	0	22
<b>Special Occasion Standards for Meals and Snacks (All Programs)</b>									
Healthy options (e.g. fresh fruit, leafy green salad) are always available	1	0	0	9	0	0	22	0	0
Water is always available	1	0	0	9	0	0	0	0	22
<i>Agency Compliance</i>			97%			95%			93%

	Department for the Aging- Bureau of Community Services <sup>2</sup>			Department of Homeless Services <sup>3</sup>			Department of Health and Mental Hygiene- Division of Mental Hygiene <sup>4</sup>		
Number of programs providing food in agency:	306			360			174		
Number of programs currently reporting:	281			275			174		
Meals/snacks served annually:	5,394,104			22,045,622			1,376,363		
Breakfast	604,786			6,228,106			253,547		
Lunch	4,604,948			6,234,621			461,681		
Dinner	184,370			6,691,728			312,420		
Snacks	0			2,891,167			348,715		
<b>Standard</b>	Programs in Compliance	Programs out of Compliance	Programs not applicable	Programs in Compliance	Programs out of Compliance	Programs not applicable	Programs in Compliance	Programs out of Compliance	Programs not applicable
<b>I. Standards for Purchased Food (all programs)</b>									
All products have "0 grams" trans fat	281	0	0	263	9	3	124	22	28
All individual food items ≤ 480 mg sodium/serving	211	30	40	262	11	2	135	11	28
All beverages ≤ 25 calories per 8 ounces (except 100% juice with no added caloric sweeteners and milk)	83	1	197	232	2	41	136	11	27
Programs serving children age 18 and under only: No beverages with artificial or non-nutritive sweeteners	0	0	281	69	10	196	0	0	174
All juice is 100% fruit juice with no added caloric sweeteners	274	0	7	247	5	23	86	1	87
100% fruit juice is not served to children under 2 years of age for childcare facilities regulated by Article 47 of the NYC Health Code	0	0	281	76	11	188	0	0	174
Programs serving a majority of adults age 18 and over: All milk is 1% or non-fat and unsweetened	280	0	1	259	4	12	72	1	101
Programs serving a majority of adults age 18 and over only: All milk substitutes are unflavored	280	0	1	141	2	132	45	4	125
Programs serving children age 12 months to under age 2: All milk is whole and unsweetened	0	0	281	52	15	208	0	0	174

Programs serving a majority of children age 4 – 18: All unflavored milk is 1% or non-fat	0	0	281	54	2	219	0	0	174
Programs serving a majority of children age 4 – 18: All flavored milk or flavored milk substitutes are ≤ 130 calories per 8 ounces	0	0	281	35	2	238	0	0	174
All yogurt is non-fat or low-fat and plain or contains ≤ 30 g sugar per 8 oz or equivalent (e.g. ≤ 15 g sugar per 4 oz, ≤ 23g per 6 oz)	121	1	159	252	2	21	51	2	121
All cheese ≤ 350 mg sodium per serving	206	16	59	262	6	7	73	1	100
All sliced bread ≤ 180 mg sodium/serving, ≥ 2 grams fiber/serving, and is whole wheat/whole grain	262	13	6	267	4	4	83	2	89
All baked goods ≤ 290 mg sodium/serving	228	12	41	261	8	6	70	3	101
All cereal without dried fruit ≤ 215 mg sodium, ≥ 2 grams fiber, and ≤ 10 grams sugar/serving; in child care facilities cereal ≤ 6 grams sugar/serving	86	18	177	254	4	17	59	1	114
All cereal with dried fruit (e.g. dried cranberries, dates, and raisins) ≤ 215 mg sodium/serving, ≥ 2 grams fiber/serving, and ≤ 17 grams sugar/serving	86	18	177	161	3	111	47	2	125
All canned/frozen vegetables ≤ 220 mg sodium/serving	208	58	15	249	5	21	56	0	118
All canned/frozen beans ≤ 290 mg sodium/serving	213	21	47	248	4	23	54	0	120
All canned fruit packed in unsweetened juice or water (no syrup)	214	32	35	239	4	32	52	0	122
All canned/frozen seafood (e.g. tuna) ≤ 290 mg sodium/serving	203	63	15	235	6	34	51	0	123
All canned/frozen poultry ≤ 290 mg sodium/serving	218	3	60	227	6	42	44	0	130
All canned beef/pork ≤ 480 mg sodium/serving	10	1	270	135	7	133	31	0	143
All processed meat ≤ 480 mg sodium/serving	119	28	134	256	3	16	51	2	121
All salad dressings ≤ 290 mg sodium/serving	132	27	122	257	3	15	75	2	97

All sauces ≤ 480 mg sodium/serving	226	16	39	264	3	8	68	0	106
All portion-controlled items and other convenience foods (e.g. breaded chicken patty, frozen waffles) ≤ 480 mg sodium/serving	162	45	74	263	6	6	60	0	114
All frozen whole meals contain ≤ 35% of the daily sodium limit (adults and seniors: ≤ 805 mg, children 6-18 years: ≤ 770 mg)	0	0	281	195	4	76	22	1	151
<b>Section II. Standards for Meals and Snacks</b>									
<b>Nutrition Standards (Programs Serving a Majority of the Population Age 18 and Over)</b>									
<b>Programs serving 3 meals per day:</b>									
Serve 1800 – 2200 calories per day (or ≤ 2800 calories per day for programs serving men in adult correctional facilities)	0	0	281	220	46	9	0	0	174
Serve ≤ 2,300 mg sodium per day	0	0	281	235	31	9	0	0	174
Total fat ≤ 35% of calories per day	0	0	281	238	28	9	0	0	174
Saturated fat < 10% of calories per day	0	0	281	237	29	9	0	0	174
Serve ≥ 28 grams fiber per day	0	0	281	217	49	9	0	0	174
<b>Programs serving 1 or 2 meals per day:</b>									
<i>Breakfast</i>									
Serve 450 – 660 calories per breakfast	103	0	178	0	0	275	0	0	174
Serve ≤ 690 mg sodium per breakfast	103	0	178	0	0	275	0	0	174
Total fat ≤ 35% of calories per breakfast	103	0	178	0	0	275	0	0	174
Saturated fat < 10% of calories per breakfast	103	0	178	0	0	275	0	0	174
Serve ≥ 7 grams fiber per breakfast	103	0	178	0	0	275	0	0	174
<i>Lunch</i>									
Serve 540-770 calories per lunch	281	0	0	0	0	275	0	0	174
Serve ≤ 805 mg sodium per lunch	281	0	0	0	0	275	0	0	174
Total fat ≤ 35% of calories per lunch	281	0	0	0	0	275	0	0	174
Saturated fat < 10% of calories per lunch	281	0	0	0	0	275	0	0	174
Serve ≥ 8.4 grams fiber per lunch	281	0	0	0	0	275	0	0	174
<i>Dinner</i>									
Serve 540-770 calories per dinner	21	0	260	0	0	275	0	0	174

Serve ≤ 805 mg sodium per dinner	21	0	260	0	0	275	0	0	174
Total fat ≤ 35% of calories per dinner	21	0	260	0	0	275	0	0	174
Saturated fat < 10% of calories per dinner	21	0	260	0	0	275	0	0	174
Serve ≥ 8.4 grams fiber per dinner	21	0	260	0	0	275	0	0	174
<b>Nutrition Standards (Programs Serving a Majority of Children Under 18 Years of Age)</b>									
<b>Programs serving 3 meals per day:</b>									
Serve 1800 – 2200 calories per day (or ≤ 2500 calories per day for agencies serving boys in youth detention facilities)	0	0	281	0	0	275	0	0	174
Serve ≤ 2,200 mg sodium per day (or ≤ 1700 mg for agencies serving a majority of children 1-5 years of age)	0	0	281	0	0	275	0	0	174
Total fat ≤ 35% of calories per day	0	0	281	0	0	275	0	0	174
Saturated fat < 10% of calories per day	0	0	281	0	0	275	0	0	174
Serve ≥ 25 grams fiber per day (or ≥ 19 grams per day for agencies serving a majority of children 1 – 4 years of age)	0	0	281	0	0	275	0	0	174
<b>Programs serving 1 or 2 meals per day:</b>									
<i>Breakfast</i>									
Serve 450 – 660 calories per breakfast (or 350-600 for agencies participating in the National School Breakfast and School Lunch Programs)	0	0	281	0	3	272	0	0	174
Serve ≤ 660 mg sodium per breakfast (or ≤ 510 mg for agencies serving a majority of children 1– 5 years of age)	0	0	281	1	2	272	0	0	174
Total fat ≤ 35% of calories per breakfast	0	0	281	2	1	272	0	0	174
Saturated fat < 10% of calories per breakfast	0	0	281	1	2	272	0	0	174
Serve ≥ 6.3 grams fiber per breakfast (or ≥ 4.8 grams for agencies serving a majority of children 1 – 4 years of age)	0	0	281	0	3	272	0	0	174

<i>Lunch</i>									
Serve 540 – 770 calories per lunch (or 550-850 for agencies participating in the National School Breakfast and School Lunch Programs)	0	0	281	0	3	272	0	0	174
Serve ≤ 770 mg sodium per lunch (or ≤ 595 mg for agencies serving a majority of children 1– 5 years of age)	0	0	281	0	3	272	0	0	174
Total fat ≤ 35% of calories per lunch	0	0	281	1	2	272	0	0	174
Saturated fat < 10% of calories per lunch	0	0	281	1	2	272	0	0	174
Serve ≥ 7.5 grams fiber per lunch (or ≥ 5.7 grams per day for agencies serving a majority of children 1 – 4 years of age)	0	0	281	0	3	272	0	0	174
<i>Dinner</i>									
Serve 540 – 770 calories per dinner	0	0	281	0	0	275	0	0	174
Serve ≤ 770 mg sodium per dinner (or ≤ 595 mg for agencies serving a majority of children 1– 5 years of age)	0	0	281	0	0	275	0	0	174
Total fat ≤ 35% of calories per dinner	0	0	281	0	0	275	0	0	174
Saturated fat < 10% of calories per dinner	0	0	281	0	0	275	0	0	174
Serve ≥ 7.5 grams fiber per dinner (or ≥ 5.7 grams per day for agencies serving a majority of children 1– 4 years of age)	0	0	281	0	0	275	0	0	174
<b>Meal Standards (All Programs)</b>									
At least 2 servings fruits and/or vegetables provided at lunch	279	1	1	118	3	154	50	14	110
At least 2 servings fruits and/or vegetables provided at dinner	21	0	260	115	2	158	41	17	116
At least 5 servings fruits and vegetables provided per day, if serving 3 meals per day	8	0	273	222	45	8	32	18	124
For programs serving meals 3 – 5 days per week: Non-starchy vegetables served at least 3 times per week at lunch and at dinner	281	0	0	25	2	248	29	0	145



For programs serving meals 6 – 7 days per week: Non-starchy vegetables served at least 5 times per week at lunch and at dinner	0	0	281	224	36	15	35	0	139
Water available at all meals	279	2	0	268	7	0	174	0	0
Juice served in 6 ounce portions or less (4 ounces or less for childcare facilities regulated by Article 47 of the NYC Health Code)	273	1	7	246	3	26	61	11	102
For programs serving meals: Juice served no more than one time per day; for programs serving snacks only, juice served no more than two times per week	272	2	7	230	20	25	67	0	107
Meals and snacks prepared without deep frying	281	0	0	257	3	15	109	26	39
<b>Snack Standards (All Programs)</b>									
Grain-based snacks ≤ 200 mg sodium, ≤ 10 grams sugar, and ≥ 2 grams fiber per serving (for programs serving a majority of children 1-5 years of age, snacks ≤ 170 mg sodium)	0	0	281	152	6	117	53	0	121
<b>Special Occasion Standards for Meals and Snacks (All Programs)</b>									
Healthy options (e.g. fresh fruit, leafy green salad) are always available	281	0	0	229	1	45	114	21	39
Water is always available	279	2	0	228	3	44	121	17	36
<i>Agency Compliance</i>			95%			95%			93%

	Department of Correction <sup>5</sup>			Department of Education - Office of Food and Nutrition Services <sup>5</sup>			Department of Education - Division of Early Childhood Education <sup>3,6</sup>		
Number of programs providing food in agency:	1			1			1272		
Number of programs currently reporting:	1			1			576		
Meals/snacks served annually:	6,525,772			155,282,019			16,053,180		
Breakfast	2,148,541			42,237,173			4,349,280		
Lunch	2,148,541			95,590,415			5,647,980		
Dinner	2,148,541			6,224,973			622,440		
Snacks	80,149			11,229,458			5,433,480		
<b>Standard</b>	Programs in Compliance	Programs out of Compliance	Programs not applicable	Programs in Compliance	Programs out of Compliance	Programs not applicable	Programs in Compliance	Programs out of Compliance	Programs not applicable
<b>I. Standards for Purchased Food (all programs)</b>									
All products have "0 grams" trans fat	1	0	0	1	0	0	375	201	0
All individual food items ≤ 480 mg sodium/serving	1	0	0	1	0	0	373	203	0
All beverages ≤ 25 calories per 8 ounces (except 100% juice with no added caloric sweeteners and milk)	1	0	0	0	0	1	355	160	61
Programs serving children age 18 and under only: No beverages with artificial or non-nutritive sweeteners	0	0	1	1	0	0	335	21	220
All juice is 100% fruit juice with no added caloric sweeteners	0	0	1	1	0	0	327	249	0
100% fruit juice is not served to children under 2 years of age for childcare facilities regulated by Article 47 of the NYC Health Code	0	0	1	1	0	0	203	47	326
Programs serving a majority of adults age 18 and over: All milk is 1% or non-fat and unsweetened	1	0	0	0	0	1	0	0	576
Programs serving a majority of adults age 18 and over only: All milk substitutes are unflavored	1	0	0	0	0	1	0	0	576
Programs serving children age 12 months to under age 2: All milk is whole and unsweetened	0	0	1	1	0	0	189	61	326

Programs serving a majority of children age 4 – 18: All unflavored milk is 1% or non-fat	0	0	1	1	0	0	0	0	576
Programs serving a majority of children age 4 – 18: All flavored milk or flavored milk substitutes are ≤ 130 calories per 8 ounces	0	0	1	1	0	0	0	0	576
All yogurt is non-fat or low-fat and plain or contains ≤ 30 g sugar per 8 oz or equivalent (e.g. ≤ 15 g sugar per 4 oz, ≤ 23g per 6 oz)	0	0	1	1	0	0	387	189	0
All cheese ≤ 350 mg sodium per serving	1	0	0	1	0	0	357	219	0
All sliced bread ≤ 180 mg sodium/serving, ≥ 2 grams fiber/serving, and is whole wheat/whole grain	1	0	0	1	0	0	360	216	0
All baked goods ≤ 290 mg sodium/serving	1	0	0	1	0	0	324	252	0
All cereal without dried fruit ≤ 215 mg sodium, ≥ 2 grams fiber, and ≤ 10 grams sugar/serving; in child care facilities cereal ≤ 6 grams sugar/serving	1	0	0	1	0	0	363	213	0
All cereal with dried fruit (e.g. dried cranberries, dates, and raisins) ≤ 215 mg sodium/serving, ≥ 2 grams fiber/serving, and ≤ 17 grams sugar/serving	1	0	0	1	0	0	241	335	0
All canned/frozen vegetables ≤ 220 mg sodium/serving	1	0	0	1	0	0	285	291	0
All canned/frozen beans ≤ 290 mg sodium/serving	1	0	0	1	0	0	229	347	0
All canned fruit packed in unsweetened juice or water (no syrup)	1	0	0	1	0	0	270	306	0
All canned/frozen seafood (e.g. tuna) ≤ 290 mg sodium/serving	0	0	1	1	0	0	213	363	0
All canned/frozen poultry ≤ 290 mg sodium/serving	1	0	0	1	0	0	160	416	0
All canned beef/pork ≤ 480 mg sodium/serving	0	0	1	1	0	0	107	469	0
All processed meat ≤ 480 mg sodium/serving	1	0	0	1	0	0	207	369	0
All salad dressings ≤ 290 mg sodium/serving	1	0	0	1	0	0	212	364	0

All sauces ≤ 480 mg sodium/serving	1	0	0	1	0	0	270	306	0
All portion-controlled items and other convenience foods (e.g. breaded chicken patty, frozen waffles) ≤ 480 mg sodium/serving	1	0	0	1	0	0	270	306	0
All frozen whole meals contain ≤ 35% of the daily sodium limit (adults and seniors: ≤ 805 mg, children 6-18 years: ≤ 770 mg)	1	0	0	0	0	1	0	0	576
<b>Section II. Standards for Meals and Snacks</b>									
<b>Nutrition Standards (Programs Serving a Majority of the Population Age 18 and Over)</b>									
<b>Programs serving 3 meals per day:</b>									
Serve 1800 – 2200 calories per day (or ≤ 2800 calories per day for programs serving men in adult correctional facilities)	1	0	0	0	0	1	0	0	576
Serve ≤ 2,300 mg sodium per day	1	0	0	0	0	1	0	0	576
Total fat ≤ 35% of calories per day	1	0	0	0	0	1	0	0	576
Saturated fat < 10% of calories per day	1	0	0	0	0	1	0	0	576
Serve ≥ 28 grams fiber per day	1	0	0	0	0	1	0	0	576
<b>Programs serving 1 or 2 meals per day:</b>									
<i>Breakfast</i>									
Serve 450 – 660 calories per breakfast	0	0	1	0	0	1	0	0	576
Serve ≤ 690 mg sodium per breakfast	0	0	1	0	0	1	0	0	576
Total fat ≤ 35% of calories per breakfast	0	0	1	0	0	1	0	0	576
Saturated fat < 10% of calories per breakfast	0	0	1	0	0	1	0	0	576
Serve ≥ 7 grams fiber per breakfast	0	0	1	0	0	1	0	0	576
<i>Lunch</i>									
Serve 540-770 calories per lunch	0	0	1	0	0	1	0	0	576
Serve ≤ 805 mg sodium per lunch	0	0	1	0	0	1	0	0	576
Total fat ≤ 35% of calories per lunch	0	0	1	0	0	1	0	0	576
Saturated fat < 10% of calories per lunch	0	0	1	0	0	1	0	0	576
Serve ≥ 8.4 grams fiber per lunch	0	0	1	0	0	1	0	0	576
<i>Dinner</i>									
Serve 540-770 calories per dinner	0	0	1	0	0	1	0	0	576

Serve ≤ 805 mg sodium per dinner	0	0	1	0	0	1	0	0	576
Total fat ≤ 35% of calories per dinner	0	0	1	0	0	1	0	0	576
Saturated fat < 10% of calories per dinner	0	0	1	0	0	1	0	0	576
Serve ≥ 8.4 grams fiber per dinner	0	0	1	0	0	1	0	0	576
<b>Nutrition Standards (Programs Serving a Majority of Children Under 18 Years of Age)</b>									
<b>Programs serving 3 meals per day:</b>									
Serve 1800 – 2200 calories per day (or ≤ 2500 calories per day for agencies serving boys in youth detention facilities)	0	0	1	0	0	1	0	0	576
Serve ≤ 2,200 mg sodium per day (or ≤ 1700 mg for agencies serving a majority of children 1-5 years of age)	0	0	1	0	0	1	0	0	576
Total fat ≤ 35% of calories per day	0	0	1	0	0	1	0	0	576
Saturated fat < 10% of calories per day	0	0	1	0	0	1	0	0	576
Serve ≥ 25 grams fiber per day (or ≥ 19 grams per day for agencies serving a majority of children 1 – 4 years of age)	0	0	1	0	0	1	0	0	576
<b>Programs serving 1 or 2 meals per day:</b>									
<i>Breakfast</i>									
Serve 450 – 660 calories per breakfast (or 350-600 for agencies participating in the National School Breakfast and School Lunch Programs)	0	0	1	1	0	0	0	0	576
Serve ≤ 660 mg sodium per breakfast (or ≤ 510 mg for agencies serving a majority of children 1– 5 years of age)	0	0	1	1	0	0	0	0	576
Total fat ≤ 35% of calories per breakfast	0	0	1	1	0	0	0	0	576
Saturated fat < 10% of calories per breakfast	0	0	1	1	0	0	0	0	576
Serve ≥ 6.3 grams fiber per breakfast (or ≥ 4.8 grams for agencies serving a majority of children 1 – 4 years of age)	0	0	1	1	0	0	0	0	576

<b>Lunch</b>									
Serve 540 – 770 calories per lunch (or 550-850 for agencies participating in the National School Breakfast and School Lunch Programs)	0	0	1	1	0	0	0	0	576
Serve ≤ 770 mg sodium per lunch (or ≤ 595 mg for agencies serving a majority of children 1– 5 years of age)	0	0	1	0	1	0	0	0	576
Total fat ≤ 35% of calories per lunch	0	0	1	1	0	0	0	0	576
Saturated fat < 10% of calories per lunch	0	0	1	1	0	0	0	0	576
Serve ≥ 7.5 grams fiber per lunch (or ≥ 5.7 grams per day for agencies serving a majority of children 1 – 4 years of age)	0	0	1	1	0	0	0	0	576
<b>Dinner</b>									
Serve 540 – 770 calories per dinner	0	0	1	1	0	0	0	0	576
Serve ≤ 770 mg sodium per dinner (or ≤ 595 mg for agencies serving a majority of children 1– 5 years of age)	0	0	1	0	1	0	0	0	576
Total fat ≤ 35% of calories per dinner	0	0	1	1	0	0	0	0	576
Saturated fat < 10% of calories per dinner	0	0	1	1	0	0	0	0	576
Serve ≥ 7.5 grams fiber per dinner (or ≥ 5.7 grams per day for agencies serving a majority of children 1– 4 years of age)	0	0	1	1	0	0	0	0	576
<b>Meal Standards (All Programs)</b>									
At least 2 servings fruits and/or vegetables provided at lunch	1	0	0	1	0	0	411	165	0
At least 2 servings fruits and/or vegetables provided at dinner	1	0	0	1	0	0	0	0	576
At least 5 servings fruits and vegetables provided per day, if serving 3 meals per day	1	0	0	0	0	1	0	0	576
For programs serving meals 3 – 5 days per week: Non-starchy vegetables served at least 3 times per week at lunch and at dinner	0	0	1	1	0	0	309	267	0

For programs serving meals 6 – 7 days per week: Non-starchy vegetables served at least 5 times per week at lunch and at dinner	1	0	0	0	0	1	0	0	576
Water available at all meals	1	0	0	1	0	0	415	161	0
Juice served in 6 ounce portions or less (4 ounces or less for childcare facilities regulated by Article 47 of the NYC Health Code)	0	0	1	0	0	1	308	268	0
For programs serving meals: Juice served no more than one time per day; for programs serving snacks only, juice served no more than two times per week	0	0	1	0	0	1	306	270	0
Meals and snacks prepared without deep frying	1	0	0	1	0	0	385	191	0
<b>Snack Standards (All Programs)</b>									
Grain-based snacks ≤ 200 mg sodium, ≤ 10 grams sugar, and ≥ 2 grams fiber per serving (for programs serving a majority of children 1-5 years of age, snacks ≤ 170 mg sodium)	1	0	0	1	0	0	349	227	0
<b>Special Occasion Standards for Meals and Snacks (All Programs)</b>									
Healthy options (e.g. fresh fruit, leafy green salad) are always available	1	0	0	1	0	0	396	180	0
Water is always available	1	0	0	1	0	0	415	161	0
<i>Agency Compliance</i>			100%			96%			55%

	Department of Youth and Community Development <sup>1,7</sup>			Health and Hospitals <sup>1</sup>			Human Resources Administration - Community Food Connection <sup>8</sup>		
Number of programs providing food in agency:	1,058			16			1		
Number of programs currently reporting:	107			16			1		
Meals/snacks served annually:	893,928			7,356,438			0		
Breakfast	66,303			1,886,936			0		
Lunch	66,388			1,886,936			0		
Dinner	344,562			1,941,027			0		
Snacks	416,675			1,641,539			0		
<b>Standard</b>	Programs in Compliance	Programs out of Compliance	Programs not applicable	Programs in Compliance	Programs out of Compliance	Programs not applicable	Programs in Compliance	Programs out of Compliance	Programs not applicable
<b>I. Standards for Purchased Food (all programs)</b>									
All products have "0 grams" trans fat	107	0	0	16	0	0	1	0	0
All individual food items ≤ 480 mg sodium/serving	107	0	0	16	0	0	1	0	0
All beverages ≤ 25 calories per 8 ounces (except 100% juice with no added caloric sweeteners and milk)	107	0	0	16	0	0	1	0	0
Programs serving children age 18 and under only: No beverages with artificial or non-nutritive sweeteners	107	0	0	0	0	16	0	0	1
All juice is 100% fruit juice with no added caloric sweeteners	107	0	0	16	0	0	1	0	0
100% fruit juice is not served to children under 2 years of age for childcare facilities regulated by Article 47 of the NYC Health Code	0	0	107	0	0	16	0	0	1
Programs serving a majority of adults age 18 and over: All milk is 1% or non-fat and unsweetened	0	0	107	16	0	0	1	0	0
Programs serving a majority of adults age 18 and over only: All milk substitutes are unflavored	0	0	107	16	0	0	1	0	0
Programs serving children age 12 months to under age 2: All milk is whole and unsweetened	0	0	107	0	0	16	0	0	1



Programs serving a majority of children age 4 – 18: All unflavored milk is 1% or non-fat	107	0	0	0	0	16	0	0	1
Programs serving a majority of children age 4 – 18: All flavored milk or flavored milk substitutes are ≤ 130 calories per 8 ounces	107	0	0	0	0	16	0	0	1
All yogurt is non-fat or low-fat and plain or contains ≤ 30 g sugar per 8 oz or equivalent (e.g. ≤ 15 g sugar per 4 oz, ≤ 23g per 6 oz)	107	0	0	16	0	0	0	0	1
All cheese ≤ 350 mg sodium per serving	107	0	0	15	1	0	0	0	1
All sliced bread ≤ 180 mg sodium/serving, ≥ 2 grams fiber/serving, and is whole wheat/whole grain	107	0	0	16	0	0	0	0	1
All baked goods ≤ 290 mg sodium/serving	107	0	0	16	0	0	0	0	1
All cereal without dried fruit ≤ 215 mg sodium, ≥ 2 grams fiber, and ≤ 10 grams sugar/serving; in child care facilities cereal ≤ 6 grams sugar/serving	107	0	0	16	0	0	1	0	0
All cereal with dried fruit (e.g. dried cranberries, dates, and raisins) ≤ 215 mg sodium/serving, ≥ 2 grams fiber/serving, and ≤ 17 grams sugar/serving	107	0	0	16	0	0	1	0	0
All canned/frozen vegetables ≤ 220 mg sodium/serving	107	0	0	15	1	0	1	0	0
All canned/frozen beans ≤ 290 mg sodium/serving	107	0	0	15	1	0	1	0	0
All canned fruit packed in unsweetened juice or water (no syrup)	107	0	0	16	0	0	1	0	0
All canned/frozen seafood (e.g. tuna) ≤ 290 mg sodium/serving	107	0	0	16	0	0	1	0	0
All canned/frozen poultry ≤ 290 mg sodium/serving	107	0	0	15	1	0	1	0	0
All canned beef/pork ≤ 480 mg sodium/serving	107	0	0	16	0	0	0	0	1
All processed meat ≤ 480 mg sodium/serving	107	0	0	15	1	0	0	0	1
All salad dressings ≤ 290 mg sodium/serving	107	0	0	16	0	0	0	0	1

All sauces ≤ 480 mg sodium/serving	107	0	0	16	0	0	1	0	0
All portion-controlled items and other convenience foods (e.g. breaded chicken patty, frozen waffles) ≤ 480 mg sodium/serving	107	0	0	11	5	0	0	0	1
All frozen whole meals contain ≤ 35% of the daily sodium limit (adults and seniors: ≤ 805 mg, children 6-18 years: ≤ 770 mg)	107	0	0	16	0	0	1	0	0
<b>Section II. Standards for Meals and Snacks</b>									
<b>Nutrition Standards (Programs Serving a Majority of the Population Age 18 and Over)</b>									
<b>Programs serving 3 meals per day:</b>									
Serve 1800 – 2200 calories per day (or ≤ 2800 calories per day for programs serving men in adult correctional facilities)	0	0	107	16	0	0	0	0	1
Serve ≤ 2,300 mg sodium per day	0	0	107	16	0	0	0	0	1
Total fat ≤ 35% of calories per day	0	0	107	16	0	0	0	0	1
Saturated fat < 10% of calories per day	0	0	107	16	0	0	0	0	1
Serve ≥ 28 grams fiber per day	0	0	107	11	5	0	0	0	1
<b>Programs serving 1 or 2 meals per day:</b>									
<i>Breakfast</i>									
Serve 450 – 660 calories per breakfast	0	0	107	0	0	16	0	0	1
Serve ≤ 690 mg sodium per breakfast	0	0	107	0	0	16	0	0	1
Total fat ≤ 35% of calories per breakfast	0	0	107	0	0	16	0	0	1
Saturated fat < 10% of calories per breakfast	0	0	107	0	0	16	0	0	1
Serve ≥ 7 grams fiber per breakfast	0	0	107	0	0	16	0	0	1
<i>Lunch</i>									
Serve 540-770 calories per lunch	0	0	107	0	0	16	0	0	1
Serve ≤ 805 mg sodium per lunch	0	0	107	0	0	16	0	0	1
Total fat ≤ 35% of calories per lunch	0	0	107	0	0	16	0	0	1
Saturated fat < 10% of calories per lunch	0	0	107	0	0	16	0	0	1
Serve ≥ 8.4 grams fiber per lunch	0	0	107	0	0	16	0	0	1
<i>Dinner</i>									
Serve 540-770 calories per dinner	0	0	107	0	0	16	0	0	1

Serve ≤ 805 mg sodium per dinner	0	0	107	0	0	16	0	0	1
Total fat ≤ 35% of calories per dinner	0	0	107	0	0	16	0	0	1
Saturated fat < 10% of calories per dinner	0	0	107	0	0	16	0	0	1
Serve ≥ 8.4 grams fiber per dinner	0	0	107	0	0	16	0	0	1
<b>Nutrition Standards (Programs Serving a Majority of Children Under 18 Years of Age)</b>									
<b>Programs serving 3 meals per day:</b>									
Serve 1800 – 2200 calories per day (or ≤ 2500 calories per day for agencies serving boys in youth detention facilities)	0	0	107	9	0	7	0	0	1
Serve ≤ 2,200 mg sodium per day (or ≤ 1700 mg for agencies serving a majority of children 1-5 years of age)	0	0	107	9	0	7	0	0	1
Total fat ≤ 35% of calories per day	0	0	107	9	0	7	0	0	1
Saturated fat < 10% of calories per day	0	0	107	9	0	7	0	0	1
Serve ≥ 25 grams fiber per day (or ≥ 19 grams per day for agencies serving a majority of children 1 – 4 years of age)	0	0	107	9	0	7	0	0	1
<b>Programs serving 1 or 2 meals per day:</b>									
<i>Breakfast</i>									
Serve 450 – 660 calories per breakfast (or 350-600 for agencies participating in the National School Breakfast and School Lunch Programs)	0	0	107	0	0	16	0	0	1
Serve ≤ 660 mg sodium per breakfast (or ≤ 510 mg for agencies serving a majority of children 1– 5 years of age)	0	0	107	0	0	16	0	0	1
Total fat ≤ 35% of calories per breakfast	0	0	107	0	0	16	0	0	1
Saturated fat < 10% of calories per breakfast	0	0	107	0	0	16	0	0	1
Serve ≥ 6.3 grams fiber per breakfast (or ≥ 4.8 grams for agencies serving a majority of children 1 – 4 years of age)	0	0	107	0	0	16	0	0	1

<i>Lunch</i>									
Serve 540 – 770 calories per lunch (or 550-850 for agencies participating in the National School Breakfast and School Lunch Programs)	107	0	0	0	0	16	0	0	1
Serve ≤ 770 mg sodium per lunch (or ≤ 595 mg for agencies serving a majority of children 1– 5 years of age)	107	0	0	0	0	16	0	0	1
Total fat ≤ 35% of calories per lunch	107	0	0	0	0	16	0	0	1
Saturated fat < 10% of calories per lunch	107	0	0	0	0	16	0	0	1
Serve ≥ 7.5 grams fiber per lunch (or ≥ 5.7 grams per day for agencies serving a majority of children 1 – 4 years of age)	107	0	0	0	0	16	0	0	1
<i>Dinner</i>									
Serve 540 – 770 calories per dinner	107	0	0	0	0	16	0	0	1
Serve ≤ 770 mg sodium per dinner (or ≤ 595 mg for agencies serving a majority of children 1– 5 years of age)	107	0	0	0	0	16	0	0	1
Total fat ≤ 35% of calories per dinner	107	0	0	0	0	16	0	0	1
Saturated fat < 10% of calories per dinner	107	0	0	0	0	16	0	0	1
Serve ≥ 7.5 grams fiber per dinner (or ≥ 5.7 grams per day for agencies serving a majority of children 1– 4 years of age)	107	0	0	0	0	16	0	0	1
<b>Meal Standards (All Programs)</b>									
At least 2 servings fruits and/or vegetables provided at lunch	107	0	0	11	5	0	0	0	1
At least 2 servings fruits and/or vegetables provided at dinner	107	0	0	15	1	0	0	0	1
At least 5 servings fruits and vegetables provided per day, if serving 3 meals per day	0	0	107	16	0	0	0	0	1
For programs serving meals 3 – 5 days per week: Non-starchy vegetables served at least 3 times per week at lunch and at dinner	107	0	0	0	0	16	0	0	1

For programs serving meals 6 – 7 days per week: Non-starchy vegetables served at least 5 times per week at lunch and at dinner	0	0	107	16	0	0	0	0	1
Water available at all meals	107	0	0	16	0	0	0	0	1
Juice served in 6 ounce portions or less (4 ounces or less for childcare facilities regulated by Article 47 of the NYC Health Code)	107	0	0	16	0	0	0	0	1
For programs serving meals: Juice served no more than one time per day; for programs serving snacks only, juice served no more than two times per week	107	0	0	16	0	0	0	0	1
Meals and snacks prepared without deep frying	107	0	0	15	1	0	0	0	1
<b>Snack Standards (All Programs)</b>									
Grain-based snacks ≤ 200 mg sodium, ≤ 10 grams sugar, and ≥ 2 grams fiber per serving (for programs serving a majority of children 1-5 years of age, snacks ≤ 170 mg sodium)	0	107	0	0	16	0	0	0	1
<b>Special Occasion Standards for Meals and Snacks (All Programs)</b>									
Healthy options (e.g. fresh fruit, leafy green salad) are always available	107	0	0	16	0	0	0	0	1
Water is always available	107	0	0	16	0	0	0	0	1
<i>Agency Compliance</i>			98%			94%			100%

	Human Resources Administration - HIV/AIDS Services Administration <sup>1</sup>			Department of Parks and Recreation <sup>3,9</sup>		
Number of programs providing food in agency:	45			3		
Number of programs currently reporting:	45			3		
Meals/snacks served annually:	334,708			3771		
Breakfast	104,815			0		
Lunch	92,517			0		
Dinner	97,998			0		
Snacks	39,378			3771		
<b>Standard</b>	Programs in Compliance	Programs out of Compliance	Programs not applicable	Programs in Compliance	Programs out of Compliance	Programs not applicable
<b>I. Standards for Purchased Food (all programs)</b>						
All products have "0 grams" trans fat	29	0	16	3	0	0
All individual food items ≤ 480 mg sodium/serving	29	0	16	3	0	0
All beverages ≤ 25 calories per 8 ounces (except 100% juice with no added caloric sweeteners and milk)	29	0	16	3	0	0
Programs serving children age 18 and under only: No beverages with artificial or non-nutritive sweeteners	0	0	45	3	0	0
All juice is 100% fruit juice with no added caloric sweeteners	19	0	26	3	0	0
100% fruit juice is not served to children under 2 years of age for childcare facilities regulated by Article 47 of the NYC Health Code	0	0	45	0	0	3
Programs serving a majority of adults age 18 and over: All milk is 1% or non-fat and unsweetened	24	0	21	0	0	3
Programs serving a majority of adults age 18 and over only: All milk substitutes are unflavored	19	0	26	0	0	3
Programs serving children age 12 months to under age 2: All milk is whole and unsweetened	0	0	45	0	0	3

Programs serving a majority of children age 4 – 18: All unflavored milk is 1% or non-fat	0	0	45	3	0	0
Programs serving a majority of children age 4 – 18: All flavored milk or flavored milk substitutes are ≤ 130 calories per 8 ounces	0	0	45	0	0	3
All yogurt is non-fat or low-fat and plain or contains ≤ 30 g sugar per 8 oz or equivalent (e.g. ≤ 15 g sugar per 4 oz, ≤ 23g per 6 oz)	45	0	0	0	0	3
All cheese ≤ 350 mg sodium per serving	45	0	0	3	0	0
All sliced bread ≤ 180 mg sodium/serving, ≥ 2 grams fiber/serving, and is whole wheat/whole grain	45	0	0	0	0	3
All baked goods ≤ 290 mg sodium/serving	45	0	0	0	0	3
All cereal without dried fruit ≤ 215 mg sodium, ≥ 2 grams fiber, and ≤ 10 grams sugar/serving; in child care facilities cereal ≤ 6 grams sugar/serving	17	0	28	3	0	0
All cereal with dried fruit (e.g. dried cranberries, dates, and raisins) ≤ 215 mg sodium/serving, ≥ 2 grams fiber/serving, and ≤ 17 grams sugar/serving	16	0	29	3	0	0
All canned/frozen vegetables ≤ 220 mg sodium/serving	19	0	26	0	0	3
All canned/frozen beans ≤ 290 mg sodium/serving	19	0	26	0	0	3
All canned fruit packed in unsweetened juice or water (no syrup)	15	0	30	3	0	0
All canned/frozen seafood (e.g. tuna) ≤ 290 mg sodium/serving	18	0	27	0	0	3
All canned/frozen poultry ≤ 290 mg sodium/serving	17	0	28	0	0	3
All canned beef/pork ≤ 480 mg sodium/serving	14	0	31	0	0	3
All processed meat ≤ 480 mg sodium/serving	20	0	25	0	0	3
All salad dressings ≤ 290 mg sodium/serving	26	0	19	0	0	3

All sauces ≤ 480 mg sodium/serving	26	0	19	0	0	3
All portion-controlled items and other convenience foods (e.g. breaded chicken patty, frozen waffles) ≤ 480 mg sodium/serving	21	0	24	0	0	3
All frozen whole meals contain ≤ 35% of the daily sodium limit (adults and seniors: ≤ 805 mg, children 6-18 years: ≤ 770 mg)	16	0	29	0	0	3
<b>Section II. Standards for Meals and Snacks</b>						
<b>Nutrition Standards (Programs Serving a Majority of the Population Age 18 and Over)</b>						
<b>Programs serving 3 meals per day:</b>						
Serve 1800 – 2200 calories per day (or ≤ 2800 calories per day for programs serving men in adult correctional facilities)	13	0	32	0	0	3
Serve ≤ 2,300 mg sodium per day	13	0	32	0	0	3
Total fat ≤ 35% of calories per day	13	0	32	0	0	3
Saturated fat < 10% of calories per day	13	0	32	0	0	3
Serve ≥ 28 grams fiber per day	13	0	32	0	0	3
<b>Programs serving 1 or 2 meals per day:</b>						
<i>Breakfast</i>						
Serve 450 – 660 calories per breakfast	19	0	26	0	0	3
Serve ≤ 690 mg sodium per breakfast	19	0	26	0	0	3
Total fat ≤ 35% of calories per breakfast	19	0	26	0	0	3
Saturated fat < 10% of calories per breakfast	19	0	26	0	0	3
Serve ≥ 7 grams fiber per breakfast	19	0	26	0	0	3
<i>Lunch</i>						
Serve 540-770 calories per lunch	12	0	33	0	0	3
Serve ≤ 805 mg sodium per lunch	12	0	33	0	0	3
Total fat ≤ 35% of calories per lunch	12	0	33	0	0	3
Saturated fat < 10% of calories per lunch	12	0	33	0	0	3
Serve ≥ 8.4 grams fiber per lunch	12	0	33	0	0	3
<i>Dinner</i>						
Serve 540-770 calories per dinner	25	0	20	0	0	3



Serve ≤ 805 mg sodium per dinner	25	0	20	0	0	3
Total fat ≤ 35% of calories per dinner	25	0	20	0	0	3
Saturated fat < 10% of calories per dinner	25	0	20	0	0	3
Serve ≥ 8.4 grams fiber per dinner	25	0	20	0	0	3
<b>Nutrition Standards (Programs Serving a Majority of Children Under 18 Years of Age)</b>						
<b>Programs serving 3 meals per day:</b>						
Serve 1800 – 2200 calories per day (or ≤ 2500 calories per day for agencies serving boys in youth detention facilities)	0	0	45	0	0	3
Serve ≤ 2,200 mg sodium per day (or ≤ 1700 mg for agencies serving a majority of children 1-5 years of age)	0	0	45	0	0	3
Total fat ≤ 35% of calories per day	0	0	45	0	0	3
Saturated fat < 10% of calories per day	0	0	45	0	0	3
Serve ≥ 25 grams fiber per day (or ≥ 19 grams per day for agencies serving a majority of children 1 – 4 years of age)	0	0	45	0	0	3
<b>Programs serving 1 or 2 meals per day:</b>						
<i>Breakfast</i>						
Serve 450 – 660 calories per breakfast (or 350-600 for agencies participating in the National School Breakfast and School Lunch Programs)	0	0	45	0	0	3
Serve ≤ 660 mg sodium per breakfast (or ≤ 510 mg for agencies serving a majority of children 1– 5 years of age)	0	0	45	0	0	3
Total fat ≤ 35% of calories per breakfast	0	0	45	0	0	3
Saturated fat < 10% of calories per breakfast	0	0	45	0	0	3
Serve ≥ 6.3 grams fiber per breakfast (or ≥ 4.8 grams for agencies serving a majority of children 1 – 4 years of age)	0	0	45	0	0	3

<i>Lunch</i>						
Serve 540 – 770 calories per lunch (or 550-850 for agencies participating in the National School Breakfast and School Lunch Programs)	0	0	45	0	0	3
Serve ≤ 770 mg sodium per lunch (or ≤ 595 mg for agencies serving a majority of children 1– 5 years of age)	0	0	45	0	0	3
Total fat ≤ 35% of calories per lunch	0	0	45	0	0	3
Saturated fat < 10% of calories per lunch	0	0	45	0	0	3
Serve ≥ 7.5 grams fiber per lunch (or ≥ 5.7 grams per day for agencies serving a majority of children 1 – 4 years of age)	0	0	45	0	0	3
<i>Dinner</i>						
Serve 540 – 770 calories per dinner	0	0	45	0	0	3
Serve ≤ 770 mg sodium per dinner (or ≤ 595 mg for agencies serving a majority of children 1– 5 years of age)	0	0	45	0	0	3
Total fat ≤ 35% of calories per dinner	0	0	45	0	0	3
Saturated fat < 10% of calories per dinner	0	0	45	0	0	3
Serve ≥ 7.5 grams fiber per dinner (or ≥ 5.7 grams per day for agencies serving a majority of children 1– 4 years of age)	0	0	45	0	0	3
<b>Meal Standards (All Programs)</b>						
At least 2 servings fruits and/or vegetables provided at lunch	25	0	20	0	0	3
At least 2 servings fruits and/or vegetables provided at dinner	38	0	7	0	0	3
At least 5 servings fruits and vegetables provided per day, if serving 3 meals per day	13	0	32	0	0	3
For programs serving meals 3 – 5 days per week: Non-starchy vegetables served at least 3 times per week at lunch and at dinner	13	0	32	0	0	3

For programs serving meals 6 – 7 days per week: Non-starchy vegetables served at least 5 times per week at lunch and at dinner	0	0	45	0	0	3
Water available at all meals	45	0	0	3	0	0
Juice served in 6 ounce portions or less (4 ounces or less for childcare facilities regulated by Article 47 of the NYC Health Code)	19	0	26	3	0	0
For programs serving meals: Juice served no more than one time per day; for programs serving snacks only, juice served no more than two times per week	22	0	23	0	0	3
Meals and snacks prepared without deep frying	45	0	0	0	0	3
<b>Snack Standards (All Programs)</b>						
Grain-based snacks ≤ 200 mg sodium, ≤ 10 grams sugar, and ≥ 2 grams fiber per serving (for programs serving a majority of children 1-5 years of age, snacks ≤ 170 mg sodium)	45	0	0	3	0	0
<b>Special Occasion Standards for Meals and Snacks (All Programs)</b>						
Healthy options (e.g. fresh fruit, leafy green salad) are always available	45	0	0	3	0	0
Water is always available	45	0	0	3	0	0
<i>Agency Compliance</i>			100%			100%